



# Learn the ABC's of Pool Safety



Drowning is 100 % preventable, yet is the #1 cause of death for children under the age of five. The majority of drownings occur in residential swimming pools and spas, so remember, only a momentary lack of supervision puts a child at risk. Below are the ABC's of pool water safety. By learning these water safety tips you and your child will learn how to prevent drowning.

## A= Adult Supervision



- Have an adult assigned to supervise children that are in or around a swimming pool or spa area at all times
- Always maintain constant eye-to-eye supervision with children that are in and around a swimming pool
- Remove children from the swimming pool and spa area for any distraction such as a telephone call, use of restroom, etc.
- Floaties or other inflatable flotation devices are not life jackets and should never be substituted for adult supervision
- Ensure any adult responsible for the children know the emergency services telephone number and your local address

## B=Barriers



- Install a self-closing, self-latching fence enclosure that isolates your swimming pool and spa from the home, play areas, etc.
- Use multiple layers of protection, such as safety covers, gate alarms, door alarms and motion-detection devices. Inspect them monthly
- All chairs, tables, large toys or other objects that would allow a child to climb up to reach the gate latch or enable the child to climb over the isolation fence should be removed or kept inside the fenced area

## C=Classes

- Learn how to perform Cardiopulmonary Resuscitation (CPR), first aid and rescue techniques
- Keep rescue equipment such as a shepherd's hook, life-saving ring and CPR sign mounted by the pool to instruct others
- Watch the CPR Awareness video on the ABCs of pool safety website at [www.abcpoolsafety.org](http://www.abcpoolsafety.org)
- Enroll your child in swim lessons

