



Be Earthquake Ready

To be earthquake ready, you must first be prepared. Part of being prepared is making sure you have an emergency supply kit for your home, office and car. You should also create and practice a family emergency plan for you and your loved ones to follow should disaster strike.

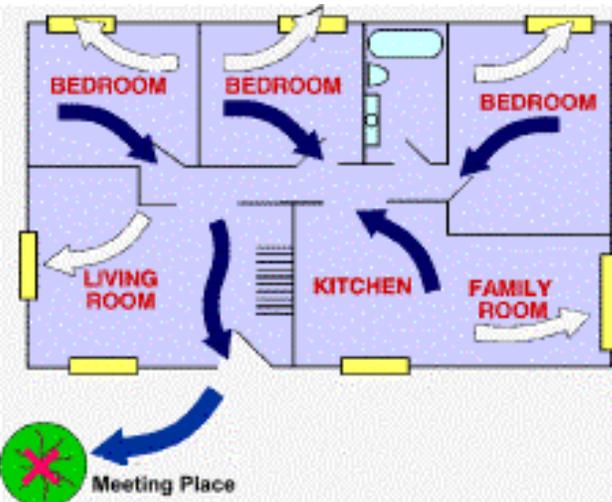
A family emergency plan should include a plan on where and how to unite family members, an out-of-state contact person to call in the event phone service is interrupted and a plan that details who will pick children up from school or daycare should the parents be unable.

Below are some tips to help keep you safe and prepared.

- **P**repare a backpack for each family member with extra clothing, shoes, jackets, medications and medical information
- **H**ave a gallon of water per person per day (a week's supply of water is preferable)
- **H**ave a portable radio, flashlight and spare batteries
- **K**ee a first aid kit freshly stocked for your home, car and office
- **H**ave sturdy shoes, heavy gloves to clear debris, a tent and a communication kit that includes paper, pens and stamps
- **M**ake sure you and your family know all the safe areas in your home
- **H**ave an adjustable wrench for turning off gas
- **K**ee sanitation supplies such as bar soap, shampoo, toothpaste and toothbrushes, feminine hygiene supplies, toilet paper, household bleach and large plastic trash bags for waste
- **C**reate an exit plan and conduct practice drills regularly



An important component of having an emergency exit plan is practicing your plan so that when disaster strikes, your actions become automatic.



An emergency escape plan should include two ways out of each room in your home and a family meeting place that is away from danger.

For a complete list of emergency supplies and other disaster preparedness information, visit our website at:

www.chinovalleyfire.org